

Sweet Avocado and Mango with Honey Yogurt

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This is an easy fruit salad that has fresh fruit flavors of mango and mint with the creamy avocado and yogurt.

Ingredients:

1 mango, peeled and diced
1 avocado, peeled, pitted, and diced
1 lime
1 cup yogurt
2 tablespoons honey
2 tablespoons chopped mint

Directions:

1. Toss the mango and avocado together with juice from one lime.
2. In a small bowl combine the yogurt, honey, and mint. Serve alongside the mango and avocado.
3. Serve chilled.

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