

# Avocado Papaya Salad

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*When you can find fresh papayas, grab a few to make this summer salad. You'll like it so much that it'll be on the menu for tomorrow, as well.*

## Ingredients:

1 ruby red grapefruit, peeled  
2 large avocados, peeled, pitted, chopped  
1 small papaya, peeled, pitted, chopped  
1 small head lettuce, leaves torn  
2 tablespoons olive oil  
1 tablespoon lemon juice  
Salt and black pepper, to taste

## Directions:

- 1) Segment the grapefruits: once peeled, use a small knife to gently slice each segment of fruit out of the sections. Combine with avocados, papaya, and lettuce in a medium bowl; toss gently.
- 2) In a small bowl, whisk together oil, lemon juice, and seasonings. Pour over avocado mixture; toss gently to coat and serve.